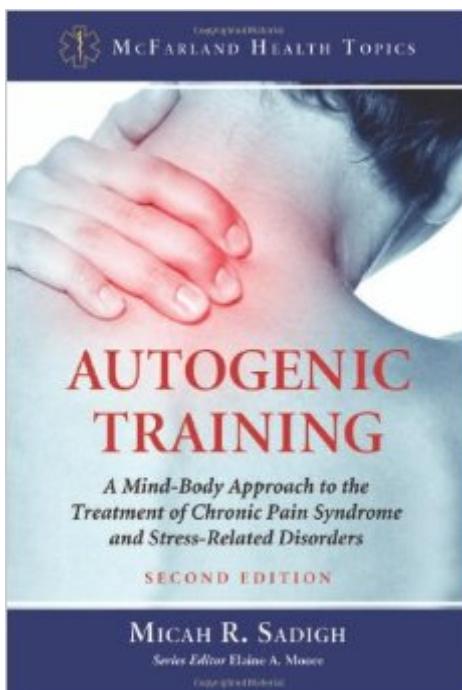


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# Autogenic Training: A Mind-Body Approach To The Treatment Of Chronic Pain Syndrome And Stress-Related Disorders (Mcfarland Health Topics)



## Synopsis

This book presents practitioners with a concise exploration of autogenic technique and its clinical use, especially in treating those suffering from chronic pain syndrome.

## Book Information

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